

Celebrating *Humanae Vitae*

Now Accepting Nominations For the 2019 *Humanae Vitae* Award!

Each year the Diocese of Saint Cloud presents the *Humanae Vitae Award* to a person(s) who has exhibited extraordinary courage in promoting Natural Family Planning and the teachings of *Humanae Vitae*.

The prophetic encyclical, written by Blessed Pope Paul VI and released in 1968, explains Catholic Church teaching about human life and the reasons natural methods are best for achievement or postponement of pregnancy. *Humanae Vitae* describes the two inseparable meanings of the spouse's loving act: the unitive meaning and the procreative meaning. Cooperation with God's design for human love and marriage allows total self-giving and receiving of the other.

Past recipients of the *Humanae Vitae* Award include: Most Reverend George Speltz, Monsignor Daniel Taufen, Father Ronald Lawler, Father Edwin Kraemer, Robert and Mary Joyce, Dave and Kay Ek, Father Alvin Quade, Father Paul Zylla, Father Thomas Knoblach, Mary Jo Ruhland, Sister Clare Witzman, Donald and Linda Christen, Father Richard Walz, Dr. Norman and Kathleen Virnig, Arnie and Margie Benusa, Father Nicholas Landsberger, Dr. George and Joan Jay, and Catherine Bahmer.

Many people in our diocese courageously promote this important Church teaching through ministry, education, and witness. Do you know someone that has proclaimed the benefits of Natural Family Planning? Please submit your nominee by writing a descriptive essay (500 words or less) of his/her qualifications. Mail, fax, or e-mail nominations before May 15, 2019 to:

Office of Marriage and Family
Natural Family Planning Advisory Committee
305-7th Avenue North Suite 100, Saint Cloud, MN 56303
Phone: 252-4721 Fax: 320-258-7658 E-mail: omf@gw.stcdio.org

Nominations will be reviewed and the recipient selected by the Natural Family Planning Advisory Committee. The *Humanae Vitae* Award will be presented on July 25, 2019 at the *Humanae Vitae* Mass and Award Reception at Saint Mary's Cathedral in Saint Cloud.

